



# 2019

## AUSTRALIAN

### OPEN SHORT TRACK SPEED SKATING CHAMPIONSHIPS

FRIDAY 4TH OCT: 7AM - 2.30PM

SATURDAY 5TH OCT: 7AM - 2.30PM

SUNDAY 6TH OCT: 7AM - 11AM

O'BRIEN ICEHOUSE :

105 PEARL RIVER RD, DOCKLANDS



## Registration opens on Monday 19<sup>th</sup> August and closes on Friday 6<sup>th</sup> September 2019 at 5.00pm

Click [here](#) for individual entry

Click [here](#) for club relay entry

### CONTACT

All queries should be addressed to the Event Coordinator: Melina Solin

Email: [secretaryvira@gmail.com](mailto:secretaryvira@gmail.com)

Mobile: 0400 818391

### ACCOMMODATION

#### The Sebel Melbourne Docklands Hotel & Residences

18 Aquitania Way, Docklands VIC 3008 Melbourne Australia

[www.sebeldocklands.com.au](http://www.sebeldocklands.com.au)

#### BOOKING METHOD

❖ Direct Reservations Only - Customers must quote code: **AIRRES**

❖ Telephone : +61 3 9641 7500

❖ Email: [info@sebeldocklands.com.au](mailto:info@sebeldocklands.com.au)

### ENTRIES

Only electronic entries (using Visa and Mastercard) payments will be accepted.

Online entries for the competition will be available on the AIR website from 19<sup>th</sup> August to 6<sup>th</sup> September 2019.

[Click here](#) for individual entry

[Click here](#) for club relay entry

[Click here](#) for lunch ticket and T-shirt purchase.

Lunch tickets must be purchased in advance and will be sold on a first come, first serve basis. As tickets will sell out and last minute requests for tickets may not be possible, it is highly recommended that you purchase lunch ticket at the same time as you register for the competition.

A late fee of \$50 will be charged for entries submitted after 6<sup>th</sup> September and 13<sup>th</sup> September 2019. No entries will be accepted after 13<sup>th</sup> September.

Entries without best time for 500m will be drawn at the Competitor Steward's discretion.

### RINK

The competition will be held at:

O'Brien Icehouse

105 Pearl River Road

Docklands Victoria 3008

## GENERAL INFORMATION

**COMPETITION REGULATIONS** – The competition will be conducted under current ISU and AIR competition rules, where applicable and where appropriate.

**COMPETITOR REGISTRATION** - Competitors must register at the competition desk before the first session; they may register at the training session or at a time or date as set by the Organising Committee.

For International competitors, the following will apply:

- must provide evidence of clearance from their National Federation.
- must have their own travel and medical insurance which provide cover for participation in ice speed skating training and competition.
- Australian Ice Racing Inc. will assume no liability of injuries during training and competition of the event.

### **ID and EQUIPMENT**

- Competitor identification is required for access to O'Brien Icehouse at all competition sessions.
- AIR helmet covers must be worn during races. Helmet covers will be issued by your State Association.
- All international skaters will be issued a helmet cover. A deposit of \$20 is required to be paid in cash when registering at the competition registration desk. The deposit will be fully refunded when helmet covers are returned at the completion of the competition.
- Australian Ice Racing Inc reserves the right to inspect competitor's equipment before and during the competition.
- Skaters must have, and use, all safety equipment: shin, knee and neck guards, ISU-compliant helmet, and gloves, in training as well as in competition.
- As approved by state members in the General Meeting held on 25<sup>th</sup> August 2012, the following will apply from 1<sup>st</sup> July 2013. All skating members of affiliated clubs and state associations of AIR Inc, who have reached the age qualification of Junior age, and above, and any Sub Junior skating members of affiliated clubs and state associations of AIR Inc who wish to skate in the Junior division of any AIR sanctioned events must wear a cut Resistant Racing Suit as defined by ISU regulation to protect the body as suggested in ISU Communication No. 1265 and meet the criteria EN388 Level 2 of the ISU regulations or Cut Resistant under garment. AIR Inc highly recommends that all other skaters to wear either a Cut Resistant Racing Suit or Cut Resistant under garments in all AIR sanctioned events.

**COACHES & ATHLETES BRIEFING** – The Referee may give a briefing on rules at a date and time to be set by the Organising committee. Coaches, State or Country managers, and athlete's representatives are encouraged to attend.

## ANTI-DOPING

Australian Ice Racing Inc and its affiliates have adopted the AIR Anti-Doping Policy. Competitors at this competition may be subject to testing.

It is the responsibility of all skaters to be familiar with the policy and ensure they achieve compliance.

The prohibited list can be found on the ASADA website and click [here](#) to check your substance online. All competitors must make themselves aware of the content of any ISU

Communication on Drug testing use in short track speed skating. Copies will be available from state secretaries or at AIR [www.australianiceracing.org](http://www.australianiceracing.org) or ISU [www.isu.org](http://www.isu.org) or ASADA [www.asada.gov.au](http://www.asada.gov.au).

## POLICIES AND CODE OF CONDUCT

**CODE OF CONDUCT** – The following Australian Ice Racing Inc's code of conduct will apply. Breach of such conduct may result in being removed from the event.

- Athlete's code of conduct
- Coach's code of conduct
- Spectator's code of conduct
- Official's code of conduct
- Parent/Guardian code of conduct
- Administrator/Volunteer code of conduct

**POLICIES** – Australian Ice Racing Inc's policies, including but not limited to the following, will apply and it is the competitors' responsibility to familiarise such policies on AIR Inc's website: [www.australianiceracing.org](http://www.australianiceracing.org)

- Social Media policy
- Member Protection policy
- Anti-doping policy

## DIVISIONS & DISTANCES

The competitor's division is based on age as at 1<sup>st</sup> July 2019

### Age Divisions for Ladies and Men:

- Nipper                      under 9                      Must be under 9 by 1 July 2019
- Midget                      9 – 11                      Must be 9 and under 12 by 1 July 2019
- Sub-Junior                12 – 14                      Must be 12 and under 15 by 1 July 2019
- Junior                      15 – 16                      Must be 15 and under 17 by 1 July 2019
- Senior                      17 – 30                      Must have reached 17 by 1 July 2019
- Masters Divisions and Distances:
  - Age as at 1 July in the year of the competition:
  - 30 to 34 years
  - 35 to 39 years
  - 40 to 44 years
  - 45 to 49 years
  - 50 to 54 years
  - 55 to 59 years
  - And each 5-year division after 60 years
- Athletes With Disabilities

### Distances for Ladies and Men:

- Nipper 111m, 222m, 333m, 500m
- Midget 222m, 333m, 500m, 777m
- Sub-Junior 333m, 500m, 777m, 1000m
- Junior 500m, 777m, 1000m, 1500m
- Senior 500m, 1000m, 1500m, 3000m
- Masters 500m, 1000m, 1500m, 3000m
- Athlete With Disability 222m, 333m, 500m

### Relay Divisions and Distances:

Open	Senior Ladies	Master Men	Master Ladies	Junior	Sub-Junior	Midget*
Heats 3000m Final 5000m	3000m	3000m	3000m	3000m	3000m	2000m

\* **Note:** Midget division relay will only be run at the total discretion of AIR based on the number of entries, race program timing and the recommendation from the referee after consideration of skaters' abilities and safety issues. Clubs are encouraged to enter teams for Midget relay and the entry fee will be fully refunded if the relay is not run or certain team is not included in the relay.

### INDIVIDUAL RACES

- a. A skater may enter only one division for the individual competition.
- b. A skater may race up only one age division from their natural age division, unless:
  - I. The skater wishes to skate in the open or senior division for their gender, **and**
  - II. The skater has reached 14-years of age before the 1<sup>st</sup> of July preceding the competition, **and**
  - III. The skater has achieved 2 of 3 distances in the current or previous season for the Senior division relevant to their gender as shown in the following table:

	500m	1000m	1500m
<b>Senior Men</b>	46.80	1:34.80	2:27.037
<b>Senior Ladies</b>	49.50	1:39.50	2:35.353

- IV. Achieved those times either at the previous and current season's International Competitions, National Championships, State Championships, events (including club racing) that are sanctioned by AIR and AIR's affiliated state members, testing conducted by coaches as per the AIR Sports Development Program, or sanctioned Time Trials as per the AIR National Selection Policy.
  - V. The skater will be able to compete in a relay in their natural age group and/or in a senior/open relay team.
- c. A Masters division skater may race down into the open division for the individual competition however will not be able to compete in the Masters division in the same competition. They may skate in the Masters relay event at the same competition.

### RELAYS

- a. A skater may race in any age divisions for a relay team in which they qualify, but may not race in any more than two age divisions higher than their natural age division.

- b. Names of any skaters who are to be skated up for the Midget relay from Nipper must be submitted at the same time as the entry form for prior approval before the event.
- c. Masters may only skate down into a senior division relay.

Nipper, Midgets and Sub-Junior individual distances will be run for both boys and girls if sufficient numbers are entered. If there are insufficient entries, then both boys and girls will be combined.

Individual events will be run for both Ladies and Men in the Junior, Intermediate and Senior divisions. In the Junior division, if insufficient entries are received then competitors are automatically moved to the Senior division. The Organising Committee will advise entrants if any of the above alterations are required. The competitor steward has full discretion of actual divisions run for the competition depending on the entry numbers.

Multiple entries within a division will be accepted. Clubs must declare the entrants for each team 30 minutes prior to the commencement of relay racing for that division. No changes will be permitted beyond this point except where a team has nominated a reserve that is not a member of any other team.

The 3000m events will consist of A and B finals as per the Senior division. Depending on final entries for age groups within the Masters division, competitors may be moved up or down by the Organising Committee, whichever is deemed necessary to create a viable division. Competitor points will be awarded for the division entered. Competitors will be notified of any changes prior to commencement of the championship. If there are insufficient entries in the Ladies Masters division, then competitors will be automatically transferred to the appropriate Men's Masters division.

## COACHES AND ATHLETES BRIEFING

The AIR will be holding 2 briefings for coaches and athletes:

Thursday, 3<sup>rd</sup> October 2019 – 7pm

Thursday, 3<sup>rd</sup> October 2019 – 8pm

All team leaders, coaches, athletes and parents of athletes under 18 are requested to attend either one of the briefings.

## SESSION TIMES

### TRAINING:

Thursday, 3<sup>rd</sup> October 2019

<i>Nippers and Midgets</i>	<i>5.40pm to 6.15pm</i>
<i>Sub Junior and Junior</i>	<i>6.15pm to 6.50pm</i>
<i>Senior and Masters</i>	<i>7.00pm to 7.35pm</i>

### RACING:

<b>Day 1.</b> Friday, 4 <sup>th</sup> October 2019	7.00am - 2.30pm
<b>Day 2.</b> Saturday, 5 <sup>th</sup> October 2019	7.00am - 2.30pm
<b>Day 3.</b> Sunday, 6 <sup>th</sup> October 2019	7.00am – 11.00am

**Note:** Competition times may change depending on the number of skaters entered

## FEES

### TRAINING FEES

All divisions **\$20.00**  
**Payable on entry to the session**

### COMPETITION FEES

Nipper, Midget & Sub-Junior: **\$170.00**  
All other divisions: **\$200.00**  
Relay Teams: **\$150.00**

**Competition fee must be paid (Visa or Mastercard card) via online registration system by 6<sup>th</sup> September 2019.**

A late fee of \$50 will be charged for entries submitted after 6<sup>th</sup> September 2019.

## LUNCH PRESENTATION AND MERCHANDISE

Please note that tickets to the Presentation lunch, where medals and awards are given, are not included with athlete registration and must be purchased separately. This year, the lunch will be held the RACV club, located in Melbourne's CBD with spectacular views from 17<sup>th</sup> floor. Tickets for the presentation lunch are limited and will be sold on a first come, first serve basis. Once tickets are sold out, we can put your name on a waiting list should any tickets become available.

Details of the Presentation lunch are as follows:

Date: Sunday, 6<sup>th</sup> October 2019

Time: 12pm to 4pm

Venue: RACV Club Melbourne, 501 Bourke Street, Melbourne, VIC, 3000

Cost: Adult - \$70 (2 courses meal), Children (12 and under, 2 courses meal) - \$40, cash bar

If you are not a competitor and are not registering for the competition, [click here](#) to purchase your lunch tickets and merchandise no later than 6<sup>th</sup> September 2019.

The following items will be made available for purchase via on the online registration system **until Friday, 6<sup>th</sup> September 2019.**

- Presentation lunch tickets
- T-shirts - \$25

