

Fri Oct 4, Day 1

Warm up	7.30am to 7.35am	Senior men, Junior ladies and junior men
Warm up	7.35am to 7.40am	Senior ladies, Masters men and ladies
Warm up	7.40am to 7.45am	Midget men, Subjunior men and ladies
Warm up	7.45am to 7.50am	Midget ladies, Nippers men and ladies
Ice resurface	7.50am to 8.05am	

8.05am				
Race 1	Senior Men	1500m	Heat 1	1st, 2nd and 3rd to Final A, rest to Final B
Race 2	Senior Men	1500m	Heat 2	
Race 3	Masters Men	1500m	Heat 1	1st and 2nd to Final A, 3rd and 4th to Final B, rest to Final C
Race 4	Masters Men	1500m	Heat 2	
Race 5	Masters Men	1500m	Heat 3	
Race 6	Midget Ladies	500m	Heat 1	1st, 2nd and 1 other to Final A, rest to Final B
Race 7	Midget Ladies	500m	Heat 2	
Race 8	Midget Men	500m	Heat 1	1st and 2nd to SFA, rest to SFB
Race 9	Midget Men	500m	Heat 2	
Race 10	Midget Men	500m	Heat 3	
Race 11	Midget Men	500m	Heat 4	
Race 12	Nipper Men and Ladies	333m	Heat 1	
Race 13	Nipper Men and Ladies	333m	Heat 2	1st, 2nd and 2 others to SFA, rest to SFB
Race 14	Nipper Men and Ladies	333m	Heat 3	
Race 15	Nipper Men and Ladies	333m	Heat 4	
Ice resurface				
9.15am				
Race 16	Junior Men and Ladies	1000m	Heat 1	1st and 2nd to Final A, rest to Final B
Race 17	Junior Men and Ladies	1000m	Heat 2	
Race 18	Subjunior Ladies	777m	Heat 1	1st and 2nd to Final A, rest to Final B
Race 19	Subjunior Ladies	777m	Heat 2	
Race 20	Subjunior Men	777m	Heat 1	1st and 2nd to Final A, rest to Final B
Race 21	Subjunior Men	777m	Heat 2	
Race 22	Midget Men	500m	Semi Fin B1	1st and 2nd to Final C, rest to Final D
Race 23	Midget Men	500m	Semi Fin B2	
Race 24	Midget Men	500m	Semi Fin A1	1st and 2nd to Final A, rest to Final B
Race 25	Midget Men	500m	Semi Fin A2	
Race 26	Nipper Men and Ladies	333m	Semi Fin B1	1st, 2nd and 1 other to Final C, rest to Final D
Race 27	Nipper Men and Ladies	333m	Semi Fin B2	
Race 28	Nipper Men and Ladies	333m	Semi Fin A1	1st, 2nd and 1 other to Final A, rest to Final B
Race 29	Nipper Men and Ladies	333m	Semi Fin A2	
Ice resurface				
10.20am				
Race 30	Senior Men	1500m	Final B	
Race 31	Senior Men	1500m	Final A	
Race 32	Senior and Masters Ladies	1500m	Final A	
Race 33	Masters Men	1500m	Final C	
Race 34	Masters Men	1500m	Final B	
Race 35	Masters Men	1500m	Final A	
Race 36	Midget Ladies	500m	Final B	
Race 37	Midget Ladies	500m	Final A	
Race 38	Midget Men	500m	Final D	
Race 39	Midget Men	500m	Final C	
Race 40	Midget Men	500m	Final B	
Race 41	Midget Men	500m	Final A	
Race 42	Junior Men and Ladies	1000m	Final B	
Race 43	Junior Men and Ladies	1000m	Final A	
Ice resurface				

11.30am				
Race 44	Subjunior Ladies	777m	Final B	
Race 45	Subjunior Ladies	777m	Final A	
Race 46	Subjunior Men	777m	Final B	
Race 47	Subjunior Men	777m	Final A	
Race 48	Nipper Men and Ladies	333m	Final D	
Race 49	Nipper Men and Ladies	333m	Final C	
Race 50	Nipper Men and Ladies	333m	Final B	
Race 51	Nipper Men and Ladies	333m	Final A	
Race 52	Senior Men	500m	Heat 1	1st, 2nd and 2 others to SFA, rest to Final C
Race 53	Senior Men	500m	Heat 2	
Race 54	Senior Men	500m	Heat 3	
Race 55	Senior and Masters Ladies	500m	Heat 1	1st, 2nd and 1 other to Final A, rest to Final B
Race 56	Senior and Masters Ladies	500m	Heat 2	
Race 57	Masters Men	500m	Heat 1	1st, 2nd and 2 others to SFA, rest to SFB
Race 58	Masters Men	500m	Heat 2	
Race 59	Masters Men	500m	Heat 3	
Race 60	Masters Men	500m	Heat 4	
Race 61	Junior Men and Ladies	500m	Heat 1	1st and 2nd to Final A, rest to Final B
Race 62	Junior Men and Ladies	500m	Heat 2	
Ice resurface				
12.40pm				
Race 63	Nipper Men and Ladies	111m	Heat 1	1st, 2nd and 2 others to SFA, rest to SFB
Race 64	Nipper Men and Ladies	111m	Heat 2	
Race 65	Nipper Men and Ladies	111m	Heat 3	
Race 66	Nipper Men and Ladies	111m	Heat 4	
Race 67	Midget Men	222m	Heat 1	1st and 2nd to SFA, rest to SFB
Race 68	Midget Men	222m	Heat 2	
Race 69	Midget Men	222m	Heat 3	
Race 70	Midget Men	222m	Heat 4	
Race 71	Midget Ladies	222m	Heat 1	1st, 2nd and 1 other to Final A, rest to Final B
Race 72	Midget Ladies	222m	Heat 2	
Race 73	Subjunior Ladies	333m	Heat 1	1st and 2nd to Final A, rest to Final B
Race 74	Subjunior Ladies	333m	Heat 2	
Race 75	Subjunior Men	333m	Heat 1	1st and 2nd to Final A, rest to Final B
Race 76	Subjunior Men	333m	Heat 2	
Ice resurface				
1.40pm				
Race 77	Subjunior relay	3000m relay	Final	
Race 78	Masters relay	3000m relay	Final	

2.00pm

End of Day 1

Sat Oct 5, Day 2

Warm up	7.30am to 7.35am	Senior men, Junior ladies and junior men
Warm up	7.35am to 7.40am	Senior ladies, Masters men and ladies
Warm up	7.40am to 7.45am	Midget men, Subjunior men and ladies
Warm up	7.45am to 7.50am	Midget ladies, Nippers men and ladies
Ice resurface	7.50am to 8.05am	

8.05am				
Race 79	Senior Men	500m	S Fin A1	1st and 2nd to Final A, rest to Final B
Race 80	Senior Men	500m	S Fin A2	
Race 81	Masters Men	500m	S Fin B1	1st, 2nd and 1 other to Final C, rest to Final D
Race 82	Masters Men	500m	S Fin B2	
Race 83	Masters Men	500m	S Fin A1	1st, 2nd and 1 other to Final A, rest to Final B
Race 84	Masters Men	500m	S Fin A2	
Race 85	Nipper Men and Ladies	111m	S Fin B1	1st, 2nd and 1 other to Final C, rest to Final D
Race 86	Nipper Men and Ladies	111m	S Fin B2	
Race 87	Nipper Men and Ladies	111m	S Fin A1	1st, 2nd and 1 other to Final A, rest to Final B
Race 88	Nipper Men and Ladies	111m	S Fin A2	
Race 89	Midget Men	222m	S Fin B1	1st and 2nd to Final C, rest to Final D
Race 90	Midget Men	222m	S Fin B2	
Race 91	Midget Men	222m	S Fin A1	1st and 2nd to Final A, rest to Final B
Race 92	Midget Men	222m	S Fin A2	
Ice resurface				
9.05am				
Race 93	Senior Men	500m	Final C	
Race 94	Senior Men	500m	Final B	
Race 95	Senior Men	500m	Final A	
Race 96	Senior and Masters Ladies	500m	Final B	
Race 97	Senior and Masters Ladies	500m	Final A	
Race 98	Masters Men	500m	Final D	
Race 99	Masters Men	500m	Final C	
Race 100	Masters Men	500m	Final B	
Race 101	Masters Men	500m	Final A	
Race 102	Junior Men and Ladies	500m	Final B	
Race 103	Junior Men and Ladies	500m	Final A	
Race 104	Subjunior Ladies	333m	Final B	
Race 105	Subjunior Ladies	333m	Final A	
Race 106	Subjunior Men	333m	Final B	
Race 107	Subjunior Men	333m	Final A	
Race 108	Midget Ladies	222m	Final B	
Race 109	Midget Ladies	222m	Final A	
Race 110	Midget Men	222m	Final D	
Race 111	Midget Men	222m	Final C	
Race 112	Midget Men	222m	Final B	
Race 113	Midget Men	222m	Final A	
Ice resurface				
10.20am				
Race 114	Nipper Men and Ladies	111m	Final D	
Race 115	Nipper Men and Ladies	111m	Final C	
Race 116	Nipper Men and Ladies	111m	Final B	
Race 117	Nipper Men and Ladies	111m	Final A	
Race 118	Senior Men	1000m	Heat 1	1st, 2nd and 2 others to SFA, rest to Final C
Race 119	Senior Men	1000m	Heat 2	
Race 120	Senior Men	1000m	Heat 3	
Race 121	Senior and Masters Ladies	1000m	Heat 1	1st, 2nd and 1 other to Final A, rest to Final B
Race 122	Senior and Masters Ladies	1000m	Heat 2	
Race 123	Masters Men	1000m	Heat 1	1st, 2nd and 2 others to SFA, rest to SFB
Race 124	Masters Men	1000m	Heat 2	
Race 125	Masters Men	1000m	Heat 3	
Race 126	Masters Men	1000m	Heat 4	
Race 127	Nipper Men and Ladies	222m	Heat 1	1st, 2nd and 2 others to SFA, rest to SFB
Race 128	Nipper Men and Ladies	222m	Heat 2	
Race 129	Nipper Men and Ladies	222m	Heat 3	
Race 130	Nipper Men and Ladies	222m	Heat 4	
Ice resurface				

11.35pm				
Race 131	Midget Men	333m	Heat 1	1st and 2nd to SFA, rest to SFB
Race 132	Midget Men	333m	Heat 2	
Race 133	Midget Men	333m	Heat 3	
Race 134	Midget Men	333m	Heat 4	
Race 135	Midget Ladies	333m	Heat 1	1st, 2nd and 1 other to Final A, rest to Final B
Race 136	Midget Ladies	333m	Heat 2	
Race 137	Junior Men and Ladies	777m	Heat 1	1st and 2nd to Final A, rest to Final B
Race 138	Junior Men and Ladies	777m	Heat 2	
Race 139	Subjunior Ladies	500m	Heat 1	1st and 2nd to Final A, rest to Final B
Race 140	Subjunior Ladies	500m	Heat 2	
Race 141	Subjunior Men	500m	Heat 1	1st and 2nd to Final A, rest to Final B
Race 142	Subjunior Men	500m	Heat 2	
Race 143	Senior Men	1000m	S Fin A1	1st and 2nd to Final A, rest to Final B
Race 144	Senior Men	1000m	S Fin A2	
Race 145	Masters Men	1000m	S Fin B1	1st, 2nd and 1 other to Final C, rest to Final D
Race 146	Masters Men	1000m	S Fin B2	
Race 147	Masters Men	1000m	S Fin A1	1st, 2nd and 1 other to Final A, rest to Final B
Race 148	Masters Men	1000m	S Fin A2	
Ice resurface				
12.50pm				
Race 149	Nipper Men and Ladies	222m	S Fin B1	1st, 2nd and 1 other to Final C, rest to Final D
Race 150	Nipper Men and Ladies	222m	S Fin B2	
Race 151	Nipper Men and Ladies	222m	S Fin A1	1st, 2nd and 1 other to Final A, rest to Final B
Race 152	Nipper Men and Ladies	222m	S Fin A2	
Race 153	Midget Men	333m	S Fin B1	1st and 2nd to Final C, rest to Final D
Race 154	Midget Men	333m	S Fin B2	
Race 155	Midget Men	333m	S Fin A1	1st and 2nd to Final A, rest to Final B
Race 156	Midget Men	333m	S Fin A2	
Race 157	Senior Men	1000m	Final C	
Race 158	Senior Men	1000m	Final B	
Race 159	Senior Men	1000m	Final A	
Race 160	Senior and Masters Ladies	1000m	Final B	
Race 161	Senior and Masters Ladies	1000m	Final A	
Race 162	Masters Men	1000m	Final D	
Race 163	Masters Men	1000m	Final C	
Race 164	Masters Men	1000m	Final B	
Race 165	Masters Men	1000m	Final A	
Ice resurface				
2.05pm				
Race 166	Midget relay	2000m relay	Final	
Race 167	Junior relay	3000m relay	Final	

2.25pm

End of Day 2

Sun Oct 6, Day 3

Warm up	7.00am to 7.05am	Senior men, Junior ladies and junior men
Warm up	7.05am to 7.10am	Senior ladies, Masters men and ladies
Warm up	7.10am to 7.15am	Midget men, Subjunior men and ladies
Warm up	7.15am to 7.20am	Midget ladies, Nippers men and ladies
Ice resurface	7.20am to 7.35am	

7.35am				
Race 168	Junior Men and Ladies	777m	Final B	
Race 169	Junior Men and Ladies	777m	Final A	
Race 170	Midget Ladies	333m	Final B	
Race 171	Midget Ladies	333m	Final A	
Race 172	Midget Men	333m	Final D	
Race 173	Midget Men	333m	Final C	
Race 174	Midget Men	333m	Final B	
Race 175	Midget Men	333m	Final A	
Race 176	Nipper Men and Ladies	222m	Final D	
Race 177	Nipper Men and Ladies	222m	Final C	
Race 178	Nipper Men and Ladies	222m	Final B	
Race 179	Nipper Men and Ladies	222m	Final A	
Race 180	Subjunior Ladies	500m	Final B	
Race 181	Subjunior Ladies	500m	Final A	
Race 182	Subjunior Men	500m	Final B	
Race 183	Subjunior Men	500m	Final A	
Ice resurface				
8.40am				
Race 184	Senior Men	3000m	Super Final	Skaters ranked 1 - 8
Race 185	Senior and Masters Ladies	3000m	Super Final	Skaters ranked 1 - 9
Race 186	Masters Men	3000m	Super Final	Skaters ranked 1 - 8
Race 187	Junior Men and Ladies	1500m	Final A	Skaters ranked 1 - 8
Ice resurface				
9.30am				
Race 188	Subjunior Ladies	1000m	Final A	Skaters ranked 1 - 7
Race 189	Subjunior Men	1000m	Final A	Skaters ranked 1 - 7
Race 190	Midget Ladies	777m	Final B	Skaters ranked 6 - 9
Race 191	Midget Ladies	777m	Final A	Skaters ranked 1 - 5
Race 192	Midget Men	777m	Final C	Skaters ranked 13 to 16
Race 193	Midget Men	777m	Final B	Skaters ranked 7 - 12
Race 194	Midget Men	777m	Final A	Skaters ranked 1 - 6
Race 195	Nipper Men and Ladies	500m	Final D	Skaters ranked 16 - 19
Race 196	Nipper Men and Ladies	500m	Final C	Skaters ranked 11 - 15
Race 197	Nipper Men and Ladies	500m	Final B	Skaters ranked 6 - 10
Race 198	Nipper Men and Ladies	500m	Final A	Skaters ranked 1 - 5
Ice resurface				
10.35am				
Race 199	Open relay	5000m relay	Final A	

10.45am**End of Competition**