

FRI, SEP 30, Day 1

Warm up	8.00am to 8.05am	Senior men and ladies
Warm up	8.05am to 8.10am	Masters men and ladies
Warm up	8.10am to 8.15am	Subjunior and Junior men and ladies
Warm up	8.15am to 8.20am	Nippers and midgets men and ladies
Ice resurface	8.20am to 8.35am	

8.35am				
Race 1	Senior Men and Ladies	1500m	Heat 1	1st, 2nd and 1 fastest 3rd to Final A, remaining 3rd, 4th and up to 2 others to Final B, rest to Final C
Race 2	Senior Men and Ladies	1500m	Heat 2	
Race 3	Senior Men and Ladies	1500m	Heat 3	
Race 4	Masters Men and Ladies	1000m	Heat 1	1st, 2nd and 2 others to SFA, rest to SFB
Race 5	Masters Men and Ladies	1000m	Heat 2	
Race 6	Masters Men and Ladies	1000m	Heat 3	
Race 7	Masters Men and Ladies	1000m	Heat 4	
Race 8	Junior Men and Ladies	1000m	Heat 1	1st and 2nd to Final A, rest to Final B
Race 9	Junior Men and Ladies	1000m	Heat 2	
Race 10	Midget Men and Ladies	500m	Heat 1	1st, 2nd and fastest 3rd to Final A, rest to Final B
Race 11	Midget Men and Ladies	500m	Heat 2	
Race 12	Subjunior Men and Ladies	777m	Heat 1	1st and 2nd to SFA, rest to SFB
Race 13	Subjunior Men and Ladies	777m	Heat 2	
Race 14	Subjunior Men and Ladies	777m	Heat 3	
Race 15	Subjunior Men and Ladies	777m	Heat 4	
Race 16	Nipper Men and Ladies	333m	Heat 1	1st, 2nd and fastest 3rd to Final A, rest to Final B
Race 17	Nipper Men and Ladies	333m	Heat 2	

Ice resurface

10.00am

OFFICIAL OPENING CEREMONY

10.20am

Race 18	Masters Men and Ladies	1000m	SF A1	1st, 2nd and 1 other to Final A, rest to Final B
Race 19	Masters Men and Ladies	1000m	SF A2	
Race 20	Masters Men and Ladies	1000m	SF B1	1st, 2nd and 3rd to Final C, rest to Final D
Race 21	Masters Men and Ladies	1000m	SF B2	
Race 22	Subjunior Men and Ladies	777m	SF A1	1st and 2nd to Final A, rest to Final B
Race 23	Subjunior Men and Ladies	777m	SF A2	
Race 24	Subjunior Men and Ladies	777m	SF B1	1st and 2nd to Final C, rest to Final D
Race 25	Subjunior Men and Ladies	777m	SF B2	
Race 26	Senior Men and Ladies	1500m	Final C	
Race 27	Senior Men and Ladies	1500m	Final B	
Race 28	Senior Men and Ladies	1500m	Final A	
Race 29	Midget Men and Ladies	500m	Final B	
Race 30	Midget Men and Ladies	500m	Final A	

Ice resurface

11.30am

Race 31	Masters Men and Ladies	1000m	Final D	
Race 32	Masters Men and Ladies	1000m	Final C	
Race 33	Masters Men and Ladies	1000m	Final B	
Race 34	Masters Men and Ladies	1000m	Final A	
Race 35	Junior Men and Ladies	1000m	Final B	
Race 36	Junior Men and Ladies	1000m	Final A	
Race 37	Subjunior Men and Ladies	777m	Final D	
Race 38	Subjunior Men and Ladies	777m	Final C	
Race 39	Subjunior Men and Ladies	777m	Final B	
Race 40	Subjunior Men and Ladies	777m	Final A	
Race 41	Nipper Men and Ladies	333m	Final B	
Race 42	Nipper Men and Ladies	333m	Final A	

Ice resurface

12.35pm

Race 43	Senior Men and Ladies	500m	Heat 1	1st and 2nd to SFA, rest to SFB
Race 44	Senior Men and Ladies	500m	Heat 2	
Race 45	Senior Men and Ladies	500m	Heat 3	
Race 46	Senior Men and Ladies	500m	Heat 4	
Race 47	Senior Men and Ladies	500m	Heat 5	
Race 48	Masters Men and Ladies	500m	Heat 1	1st and 2nd to SFA, rest to SFB
Race 49	Masters Men and Ladies	500m	Heat 2	
Race 50	Masters Men and Ladies	500m	Heat 3	
Race 51	Masters Men and Ladies	500m	Heat 4	
Race 52	Masters Men and Ladies	500m	Heat 5	
Race 53	Junior Men and Ladies	500m	Heat 1	1st and 2nd to Final A, rest to Final B
Race 54	Junior Men and Ladies	500m	Heat 2	
Race 55	Midget Men and Ladies	222m	Heat 1	1st, 2nd and fastest 3rd to Final A, rest to Final B
Race 56	Midget Men and Ladies	222m	Heat 2	
Race 57	Subjunior Men and Ladies	333m	Heat 1	

Race 58	Subjunior Men and Ladies	333m	Heat 2	1st and 2nd to SFA, rest to SFB
Race 59	Subjunior Men and Ladies	333m	Heat 3	
Race 60	Subjunior Men and Ladies	333m	Heat 4	
Race 61	Nipper Men and Ladies	111m	Heat 1	1st, 2nd and fastest 3rd to Final A, rest to Final B
Race 62	Nipper Men and Ladies	111m	Heat 2	
Ice resurface				
1.50pm				
Race 63	Midgets relay	2000m relay	Final	
Race 64	Masters relay	3000m relay	Final	

2.10pm

End of Day 1

SAT, Oct 1, Day 2

Warm up	8.00am to 8.05am	Senior men and ladies
Warm up	8.05am to 8.10am	Masters men and ladies
Warm up	8.10am to 8.15am	Subjunior and Junior men and ladies
Warm up	8.15am to 8.20am	Nippers and midgets men and ladies
Ice resurface	8.20am to 8.35am	

8.35am				
Race 65	Senior Men and Ladies	500m	SF A1	1st, 2nd and 1 other to Final A, rest to Final B
Race 66	Senior Men and Ladies	500m	SF A2	
Race 67	Senior Men and Ladies	500m	SF B1	1st and 1 fastest 2nd to Final C, remaining 2nd and 2 fastest 3rd to Final D, rest to final E
Race 68	Senior Men and Ladies	500m	SF B2	
Race 69	Senior Men and Ladies	500m	SF B3	
Race 70	Masters Men and Ladies	500m	SF A1	1st, 2nd and 1 other to Final A, rest to Final B
Race 71	Masters Men and Ladies	500m	SF A2	
Race 72	Masters Men and Ladies	500m	SF B1	1st and 1 fastest 2nd to Final C, remaining 2nd and 2 fastest 3rd to Final D, rest to final E
Race 73	Masters Men and Ladies	500m	SF B2	
Race 74	Masters Men and Ladies	500m	SF B3	
Race 75	Subjunior Men and Ladies	333m	SF A1	1st and 2nd to Final A, rest to Final B
Race 76	Subjunior Men and Ladies	333m	SF A2	
Race 77	Subjunior Men and Ladies	333m	SF B1	1st and 2nd to Final C, rest to Final D
Race 78	Subjunior Men and Ladies	333m	SF B2	

Ice resurface

9.35am				
Race 79	Senior Men and Ladies	500m	Final E	
Race 80	Senior Men and Ladies	500m	Final D	
Race 81	Senior Men and Ladies	500m	Final C	
Race 82	Senior Men and Ladies	500m	Final B	
Race 83	Senior Men and Ladies	500m	Final A	
Race 84	Masters Men and Ladies	500m	Final E	
Race 85	Masters Men and Ladies	500m	Final D	
Race 86	Masters Men and Ladies	500m	Final C	
Race 87	Masters Men and Ladies	500m	Final B	
Race 88	Masters Men and Ladies	500m	Final A	
Race 89	Junior Men and Ladies	500m	Final B	
Race 90	Junior Men and Ladies	500m	Final A	
Race 91	Midget Men and Ladies	222m	Final B	
Race 92	Midget Men and Ladies	222m	Final A	
Race 93	Subjunior Men and Ladies	333m	Final D	
Race 94	Subjunior Men and Ladies	333m	Final C	
Race 95	Subjunior Men and Ladies	333m	Final B	
Race 96	Subjunior Men and Ladies	333m	Final A	
Race 97	Nipper Men and Ladies	111m	Final B	
Race 98	Nipper Men and Ladies	111m	Final A	

Ice resurface

10.50am				
Race 99	Senior Men and Ladies	1000m	Heat 1	1st, 2nd and 2 others to SFA, rest to SFB
Race 100	Senior Men and Ladies	1000m	Heat 2	
Race 101	Senior Men and Ladies	1000m	Heat 3	
Race 102	Senior Men and Ladies	1000m	Heat 4	
Race 103	Subjunior Men and Ladies	500m	Heat 1	1st and 2nd to SFA, rest to SFB
Race 104	Subjunior Men and Ladies	500m	Heat 2	
Race 105	Subjunior Men and Ladies	500m	Heat 3	
Race 106	Subjunior Men and Ladies	500m	Heat 4	
Race 107	Masters Men and Ladies	777m	Heat 1	1st, 2nd and 2 others to SFA, rest to SFB
Race 108	Masters Men and Ladies	777m	Heat 2	
Race 109	Masters Men and Ladies	777m	Heat 3	
Race 110	Masters Men and Ladies	777m	Heat 4	
Race 111	Junior Men and Ladies	777m	Heat 1	1st and 2nd to Final A, rest to Final B
Race 112	Junior Men and Ladies	777m	Heat 2	
Race 113	Midget Men and Ladies	333m	Heat 1	1st, 2nd and fastest 3rd to Final A, rest to Final B
Race 114	Midget Men and Ladies	333m	Heat 2	
Race 115	Nipper Men and Ladies	222m	Heat 1	1st, 2nd and fastest 3rd to Final A, rest to Final B
Race 116	Nipper Men and Ladies	222m	Heat 2	

Ice resurface

12.00pm				
Race 117	Senior Men and Ladies	1000m	SF A1	1st, 2nd and 1 other to Final A, rest to Final B
Race 118	Senior Men and Ladies	1000m	SF A2	
Race 119	Senior Men and Ladies	1000m	SF B1	1st, 2nd and 1 other to Final C, rest to Final D
Race 120	Senior Men and Ladies	1000m	SF B2	
Race 121	Subjunior Men and Ladies	500m	SF A1	1st and 2nd to Final A, rest to Final B
Race 122	Subjunior Men and Ladies	500m	SF A2	
Race 123	Subjunior Men and Ladies	500m	SF B1	1st and 2nd to Final C, rest to Final D

Race 124	Subjunior Men and Ladies	500m	SF B2	1st and 2nd to Final C, rest to Final D
Race 125	Masters Men and Ladies	777m	SF A1	1st, 2nd and 1 other to Final A, rest to Final B
Race 126	Masters Men and Ladies	777m	SF A2	
Race 127	Masters Men and Ladies	777m	SF B1	1st, 2nd and 3rd to Final C, rest to Final D
Race 128	Masters Men and Ladies	777m	SF B2	
Race 129	Senior Mixed relay	2000m relay	Final	
Race 130	Junior relay	3000m relay	Final	

1.05pm

End of Day 2

SUN, Oct 2, Day 3

Warm up	7.45am to 7.50am	Senior men and ladies
Warm up	7.50am to 7.55am	Masters men and ladies
Warm up	7.55am to 8.00am	Subjunior and Junior men and ladies
Warm up	8.00am to 8.05am	Nippers and midgets men and ladies
Ice resurface	8.05am to 8.20am	

8.20am				
Race 131	Senior Men and Ladies	1000m	Final D	
Race 132	Senior Men and Ladies	1000m	Final C	
Race 133	Senior Men and Ladies	1000m	Final B	
Race 134	Senior Men and Ladies	1000m	Final A	
Race 135	Subjunior Men and Ladies	500m	Final D	
Race 136	Subjunior Men and Ladies	500m	Final C	
Race 137	Subjunior Men and Ladies	500m	Final B	
Race 138	Subjunior Men and Ladies	500m	Final A	
Race 139	Masters Men and Ladies	777m	Final D	
Race 140	Masters Men and Ladies	777m	Final C	
Race 141	Masters Men and Ladies	777m	Final B	
Race 142	Masters Men and Ladies	777m	Final A	
Race 143	Junior Men and Ladies	777m	Final B	
Race 144	Junior Men and Ladies	777m	Final A	
Race 145	Midget Men and Ladies	333m	Final B	
Race 146	Midget Men and Ladies	333m	Final A	
Race 147	Nipper Men and Ladies	222m	Final B	
Race 148	Nipper Men and Ladies	222m	Final A	
Ice resurface				
9.40am				
Race 149	Senior Men and Ladies	3000m	Super Final	Skaters ranked 1 - 8
Race 150	Masters Men and Ladies	1500m	Final C	Skaters ranked 15 - 22
Race 151	Masters Men and Ladies	1500m	Final B	Skaters ranked 8 - 14
Race 152	Masters Men and Ladies	1500m	Final A	Skaters ranked 1 - 7
Race 153	Junior Men and Ladies	1500m	Final A	Skaters ranked 1 - 7
Race 154	Subjunior Men and Ladies	1000m	Final C	Skaters ranked 11 - 15
Race 155	Subjunior Men and Ladies	1000m	Final B	Skaters ranked 5 - 10
Race 156	Subjunior Men and Ladies	1000m	Final A	Skaters ranked 1 - 5
Race 157	Midget Men and Ladies	777m	Final B	Skaters ranked 6 - 10
Race 158	Midget Men and Ladies	777m	Final A	Skaters ranked 1 - 5
Race 159	Nipper Men and Ladies	500m	Final B	Skaters ranked 6 - 10
Race 160	Nipper Men and Ladies	500m	Final A	Skaters ranked 1 - 5
Ice resurface				
10.50am				
Race 161	Senior Relay	5000m relay	Final A	

11.00am**End of Competition**