

Sat July 29, Day 1

Warm up 10.45am to 10.50am Masters
 Warm up 10.50am to 10.55am Junior C
 Warm up 10.55am to 11.00am Junior A and B
 Warm up 11.00am to 11.05am Open
 Ice resurface 11.05am to 11.20am

11.20am

Race 1	Masters	1000m	Heat 1	1st, 2nd, 3rd and 1 other to semi final, rest to Final C
Race 2	Masters	1000m	Heat 2	
Race 3	Masters	1000m	Heat 3	
Race 4	Junior C	500m	Heat 1	1st, 2nd, 3rd and 1 other to semi final, rest to Final C
Race 5	Junior C	500m	Heat 2	
Race 6	Junior C	500m	Heat 3	
Race 7	Junior B	777m	Heat 1	1st and 2nd to Final A, rest to Final B
Race 8	Junior B	777m	Heat 2	
Race 9	Junior A	1000m	Heat 1	1st and 2nd to Final A, rest to Final B
Race 10	Junior A	1000m	Heat 2	
Race 11	Masters	1000m	SFA1	1st, 2nd and 1 other to Final A, rest to Final B
Race 12	Masters	1000m	SFA2	
Race 13	Junior C	500m	SFA1	1st, 2nd and 1 other to Final A, rest to Final B
Race 14	Junior C	500m	SFA2	

Ice resurface**12.25pm**

Race 15	Open	1500m	Final A	
Race 16	Masters	1000m	Final C	
Race 17	Masters	1000m	Final B	
Race 18	Masters	1000m	Final A	
Race 19	Junior C	500m	Final C	
Race 20	Junior C	500m	Final B	
Race 21	Junior C	500m	Final A	
Race 22	Junior B	777m	Final B	
Race 23	Junior B	777m	Final A	
Race 24	Junior A	1000m	Final B	
Race 25	Junior A	1000m	Final A	

1.10pm to 2.00pm - Lunch**Ice resurface****2.00pm**

Race 26	Masters	500m	Heat 1	1st and 2nd to SFA, rest to SFB
Race 27	Masters	500m	Heat 2	
Race 28	Masters	500m	Heat 3	
Race 29	Masters	500m	Heat 4	1st, 2nd, 3rd and 1 other to semi final, rest to Final C
Race 30	Junior C	222m	Heat 1	
Race 31	Junior C	222m	Heat 2	
Race 32	Junior C	222m	Heat 3	1st and 2nd to Final A, rest to Final B
Race 33	Junior B	333m	Heat 1	
Race 34	Junior B	333m	Heat 2	1st and 2nd to Final A, rest to Final B
Race 35	Junior A	500m	Heat 1	
Race 36	Junior A	500m	Heat 2	1st and 2nd to Final A, rest to Final B
Race 37	Open	500m	Heat 1	
Race 38	Open	500m	Heat 2	1st and 2nd to Final C, rest to Final D
Race 39	Masters	500m	SFB1	
Race 40	Masters	500m	SFB2	1st and 2nd to Final A, rest to Final B
Race 41	Masters	500m	SFA1	
Race 42	Masters	500m	SFA2	1st, 2nd and 1 other to Final A, rest to Final B
Race 43	Junior C	222m	SFA1	
Race 44	Junior C	222m	SFA2	

Ice resurface**3.15pm**

Race 45	Open	500m	Final B	
Race 46	Open	500m	Final A	
Race 47	Masters	500m	Final D	
Race 48	Masters	500m	Final C	
Race 49	Masters	500m	Final B	
Race 50	Masters	500m	Final A	
Race 51	Junior A	500m	Final B	
Race 52	Junior A	500m	Final A	
Race 53	Junior C	222m	Final C	
Race 54	Junior C	222m	Final B	
Race 55	Junior C	222m	Final A	
Race 56	Junior B	333m	Final B	
Race 57	Junior B	333m	Final A	

Ice resurface

4.10pm

Race 58	Masters	777m	Heat 1	1st and 2nd to SFA, rest to SFB
Race 59	Masters	777m	Heat 2	
Race 60	Masters	777m	Heat 3	
Race 61	Masters	777m	Heat 4	
Race 62	Junior C	333m	Heat 1	1st, 2nd, 3rd and 1 other to semi final, rest to Final C
Race 63	Junior C	333m	Heat 2	
Race 64	Junior C	333m	Heat 3	
Race 65	Junior A	777m	Heat 1	1st and 2nd to Final A, rest to Final B
Race 66	Junior A	777m	Heat 2	
Race 67	Open	1000m	Heat 1	1st and 2nd to Final A, rest to Final B
Race 68	Open	1000m	Heat 2	
Race 69	Junior B	500m	Heat 1	1st and 2nd to Final A, rest to Final B
Race 70	Junior B	500m	Heat 2	
Race 71	Masters	777m	SFB1	1st and 2nd to Final C, rest to Final D
Race 72	Masters	777m	SFB2	
Race 73	Masters	777m	SFA1	1st and 2nd to Final A, rest to Final B
Race 74	Masters	777m	SFA2	
Race 75	Junior C	333m	SFA1	1st, 2nd and 1 other to Final A, rest to Final B
Race 76	Junior C	333m	SFA2	

Ice resurface

5.35pm

Race 77	Junior C Relay	2000m relay	Final	
Race 78	Junior A Relay	3000m relay	Final	
Race 79	Masters Relay	3000m relay	Final	

Ice resurface

6.20pm

Race 80	Junior B Relay	3000m relay	Final	
Race 81	Open Relay	3000m relay	Final	

6.40pm End of Day 1

Sun Jul 30, Day 2

Warm up	6.45am to 6.50am	Masters
Warm up	6.50am to 6.55am	Junior C
Warm up	6.55am to 7.00am	Junior A and B
Warm up	7.00am to 7.05am	Open
Ice resurface	7.05am to 7.20am	

7.20am

Race 82	Open	1000m	Final B	
Race 83	Open	1000m	Final A	
Race 84	Masters	777m	Final D	
Race 85	Masters	777m	Final C	
Race 86	Masters	777m	Final B	
Race 87	Masters	777m	Final A	
Race 88	Junior A	777m	Final B	
Race 89	Junior A	777m	Final A	
Race 90	Junior C	333m	Final C	
Race 91	Junior C	333m	Final B	
Race 92	Junior C	333m	Final A	
Race 93	Junior B	500m	Final B	
Race 94	Junior B	500m	Final A	

Ice resurface

8.20am

Race 95	Junior A	1500m	Sup Final	2 skaters each state
Race 96	Masters	1500m	Sup Final	2 skaters each state
Race 97	Junior C	777m	Sup Final	2 skaters each state
Race 98	Junior B	1000m	Sup Final	2 skaters each state
Race 99	Open	3000m	Sup Final	2 skaters each state

Ice resurface

9.05am

Race 100	Junior C Relay	2000m relay	Final	
Race 101	Junior A Relay	3000m relay	Final	
Race 102	Masters Relay	3000m relay	Final	
Race 103	Junior B Relay	3000m relay	Final	
Race 104	Open Relay	5000m relay	Final	

9.55am End of Competition