



AIR is pleased to announce our National Open Development Camp from 3rd to 5th October, 2023. This 3 days' camp will be focusing on technique and racing strategies with race video review.

The coaches will be announced in due course. Club coaches who are interested in assisting with coaching at the camp are encouraged to contact Margaret Blunden at generalsecretary@australianiceracing.org.

- Date** From Tuesday 3rd to Thursday 5th October, 2022
- Venue** O'Brien Icehouse, 105 Pearl River Road, Docklands, VIC
- Eligibility** All financial members of AIR State Association members or financial members of ISU members. This camp is open to all ages and abilities and skaters will be divided into various groups in the first session.
- Cost** \$240 (with 11 hours ice time plus off ice sessions over 3 days)
For those who cannot make the full 3 days, there is also a one day option for \$80 and 2 days for \$160.
Please note that the cost excludes travel and accommodation which is to be organised by participants.
- Registration** Registration is now open via online entry only with credit card payment. Registration will close on **Sun, 24th September** to allow proper assessment of participants and finalisation of the training program.
[Click here](#) to register.
- If you have registered for 2023 Australian Open Championships, you can use the same user ID and password as before. Once you have logged in, all the personal information should be prefilled for you.
- Contact** If you have any questions, please email generalsecretary@australianiceracing.org
- Transport** Participants will be responsible for their own transport arrangements. The rink and the recommended hotels are about 25 mins bus ride from the Melbourne airport.
[Click here](#) for more information regarding transport from the airport.
- Accommodation** Australian Ice Racing has arranged discounted prices for the following 4 hotels:
Quest New Quay 26 Caravel Lane Docklands, 8 minutes walk to the rink
[Click here](#) to book and enter promo code: ICE20
Nesuto
Located at 80 Waterfront Way Docklands, 5 minutes walk to the rink
[Click here](#) to book and access the discounted rate
Four Points by Sheraton (Marriott)
Located at 443 Docklands Drive Docklands, 4 minutes walk to the rink
[Click here](#) to access the discounted rate
Travelodge
66 Aurora Ln, Docklands VIC 3008, 25 minutes walk to the rink or free public transport and then a 5 minute walk to the rink
[Click here](#) to book and enter promo code: TH14838889

Program (Draft) – subject to changes

DAY	TIME	ACTIVITY
Tues Oct 3 and Wed Oct 4	7:00am	Arrive at rink
	7:15am to 8:30am	Warm up/Land Training
	8:30am to 9:00am	Preparation for Ice Training
	9:00am to 11:00am	Ice Training
	11:00am to 11:30am	Warm down
	11:30am to 12:30pm	Free time
	12:30pm to 1:00pm	Preparation for Ice Training
	1:00pm to 3:00pm	Ice Training
	3:00pm to 4:00pm	Land Training
	4:00pm to 5:00pm	Race video review
Thur Oct 5	9:00am	Arrive at rink
	9:15am to 10:30am	Warm up/Land Training
	10:30am to 11:00am	Preparation for Ice Training
	11:00am to 2:00pm	Ice Training
	2:00pm to 2:45pm	Warm down

Note: Draft Program is subject to change. A detailed program will be available closer to the date.